



WORKPLACE CONFLICT EXPERT

## Resolve Conflict | Build Trust | Bring your Team Together

## Conscious Conflict Communicate Positively, Proactively, and Productively

Are you tired of constantly putting out fires with employee disagreements and meetings deteriorating into blame, fault-finding, and excuse making?

Whether you're looking for ways to stay calm, strategies to stop dysfunctional behaviors, or the courage to set boundaries on high-performers with bad behavior, this program can help.

In this interactive program, you will discover why conflict comes with many costs. From tolerating bullying, to missed deadlines, and time-consuming misunderstandings. You'll also discover when handled productively, conflict can deepen trust and bring your team together.

Key audience take-aways:

- What to say when you don't know what to say
- Specific strategies to keep your cool even when others aren't
- How to hold people accountable when they're not performing to their potential
- Conduct meetings that turn excuses into action

There are many different options of delivery with this program and room for customized content.

Bonnie's presentation on Conflict Management was captivating and memorable. She helps us understand ourselves and how we interact with others in a way that motivates us to overcome obstacles together."

- Nate Stephens, Principal Engineer Naval Nuclear Laboratory

## Training and Keynotes to Bring Leaders and Teams Together

**Bonnie Artman Fox** is an accredited leadership coach, bestselling author, and professional speaker.

Known for her innovative Workplace Family Factor® framework and book, How Did My Family Get In My Office?!, Bonnie works with executive leaders and team managers who want to stop divisive behaviors, resolve conflict, and build the team trust needed to create healthy work cultures that drive results.

She knows workplace conflict well: The infighting, the gossip, the lack of trust, that difficult employee, and the good ones leaving in droves. The difficult conversation that everyone's avoiding are the "elephants in the room." These are the communication problems that tear teams apart and decrease employee engagement, productivity, and bottom-line results.

Drawing from decades of experience as a psychiatric nurse and licensed family therapist, she has equipped thousands of people with interpersonal skills to resolve conflict in both their personal and professional lives.

Bonnie's fun and engaging approach to emotional intelligence and resolving workplace tension will empower your leaders and teams to work better together.



