



Bonnie Artman Fox

WORKPLACE CONFLICT EXPERT

Resolve Conflict | Build Trust | Bring your Team Together

Emotional Intelligence

7 Ways to Get Along with (Almost) Anyone, Anytime

Now more than ever, interpersonal skills are the differentiator between healthy and dysfunctional teams. Those with high emotional intelligence have a strong, positive presence that sets the tone for a productive and collaborative work culture.

But how do you build emotional intelligence if you're in a constant state of stress and demands, and most of your team is working virtually?

The best companies make time to build team health. They recognize without a plan to reinforce healthy behaviors the team falls into default patterns and dysfunction. The best companies recognize investing in talent development drives business growth.

Join Bonnie in this upbeat and interactive program as she reveals proven strategies to improve emotional intelligence skills that can be applied both on *and* off the job. You will leave energized with practical skills to show up as your best and how to bring out the best in others.

Key audience take-aways:

- Strategies to stay in control of your emotions
- Implement (7) ways to get along with others productively
- Skills to be a better listener and read between the lines in order to move difficult conversations forward

There are many different options of delivery with this program and room for customized content.

“We continually invite Bonnie back year over year because she receives our highest speaker reviews. All of our members demand that we put her back on the schedule. Whatever your career level, your title, or industry you're in, Bonnie knows how to get deep and bring the whole crowd together.”

- Elizabeth Lamping, Executive Director
Pittsburgh Human Resource Association

Training and Keynotes to Bring Leaders and Teams Together

Bonnie Artman Fox is an accredited leadership coach, bestselling author, and professional speaker.

Known for her innovative Workplace Family Factor® framework and book, *How Did My Family Get In My Office?!*, Bonnie works with executive leaders and team managers who want to stop divisive behaviors, resolve conflict, and build the team trust needed to create healthy work cultures that drive results.

She knows workplace conflict well: The infighting, the gossip, the lack of trust, that difficult employee, and the good ones leaving in droves. The difficult conversation that everyone's avoiding are the “elephants in the room.” These are the communication problems that tear teams apart and decrease employee engagement, productivity, and bottom-line results.

Drawing from decades of experience as a psychiatric nurse and licensed family therapist, she has equipped thousands of people with interpersonal skills to resolve conflict in both their personal and professional lives.

Bonnie's fun and engaging approach to emotional intelligence and resolving workplace tension will empower your leaders and teams to work better together.



BOOK BONNIE TO BRING
YOUR TEAM TOGETHER!

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